

- Compared to no-exercise control, there was no evidence of a difference in all-cause mortality following ExCR in people with heart failure. ExCR likely reduced all-cause hospital admissions and heart failure-related hospital admissions and may result in improvements in HRQoL.

[Access the full summary in the PEDro blog](#)

PEDro acknowledges Dr Renae McNamara, Clinical Specialist Physiotherapist, Prince of Wales Hospital and Katie Warren, Masters of Physiotherapy Student, University of Technology Sydney for preparing the summary.

PEDro update (3 June 2024)

[PEDro](#) contains 61,297 records. In the 3 June 2024 update you will find:

- 46,885 reports of randomised controlled trials (46,033 of these trials have confirmed ratings of methodological quality using the PEDro scale)
- 13,628 reports of systematic reviews, and
- 784 reports of evidence-based clinical practice guidelines.

For latest guidelines, reviews and trials in physiotherapy visit [Evidence in your inbox](#).

Next PEDro and DiTA updates (July 2024)

The next [PEDro](#) and [DiTA](#) updates are on 1 July 2024.

The advertisement features the Cliniko logo on the left, which includes a stylized blue figure of two people. Below the logo, the text reads "Meet PEDro's new practice management software partner" in bold black font, followed by a red button with the text "60-day free trial". To the right, a laptop and a smartphone are shown displaying the software interface. The laptop screen shows a calendar or task management view with various colored blocks. The smartphone screen shows a human figure with a red highlight on the shoulder area, likely representing a patient or treatment plan. The background is a light yellow with a pattern of small orange dots.

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