



A. Welcome to the first release of the PEDro newsletter

Welcome to the first release of the PEDro newsletter. Our newsletter summarises all developments with the PEDro resource and will be issued about once a month. This newsletter has replaced the PEDro email list. The newsletter is available in English and Portuguese.

B. PEDro update

PEDro contains 31,616 records. In the 19 October 2015 update you will find:

- 25,339 reports of randomised controlled trials (24,653 of these trials have confirmed ratings of methodological quality using the PEDro scale)
- 5,732 reports of systematic reviews, and
- 545 reports of evidence-based clinical practice guidelines

This update is two weeks later than usual because of a public holiday in Australia and then some unscheduled staff leave. We apologise for any inconvenience that this delay may have caused.

C. PEDro evidence in your inbox

Accessing the latest high-quality clinical research in your area of practice just got a whole lot easier. With PEDro evidence in your inbox you can sign up for tailored feeds of the latest guidelines, reviews and trials in 14 areas of physiotherapy. The

latest research will arrive in your inbox each time PEDro is updated.

To sign up visit [evidence in your inbox](#)

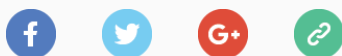
D. PEDro systematic review update in BJSM

A new PEDro systematic review update has been published in the British Journal of Sports Medicine:

- [Multidisciplinary biopsychosocial rehabilitation for chronic low back pain](#)
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E. Next PEDro update

The next PEDro update is planned for Monday 2 November 2015.



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Physiotherapy Evidence Database (PEDro)
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