



1. O que é o PEDro?

The Physiotherapy Evidence Database (or 'PEDro' for short) provides physiotherapists around the world with access to a base of evidence in physiotherapy (PEDro) providing easy access to high quality clinical research by physiotherapists around the world, allowing them to apply the evidence in practice and also in teaching, in an effective way. PEDro is a well established, robust and reliable site that provides access to more than 48,000 randomized clinical trials, systematic reviews and practice guidelines relevant to the field of physiotherapy.

In 2019, users from more than 200 countries performed a search on PEDro every 10 seconds (totaling more than 3 million searches). PEDro is available free of charge for the global physiotherapy community and is used by students, researchers, educators, doctors and politicians.

All randomized clinical trials indexed on PEDro are classified according to their quality through the PEDro scale. This classification allows readers to quickly identify relevant and valid studies for use in clinical practice. As research in physiotherapy continues to grow rapidly, this quick identification is becoming increasingly important for clinicians and students who have limited time.

2. Como o PEDro é mantido?

PEDro is maintained by physiotherapists, for physiotherapists. PEDro is the most used source of information for physiotherapists worldwide. PEDro was initiated and is maintained by the PEDro Partnership at the Institute for Musculoskeletal Health (The University of Sydney and Sydney Local Health District) and Neuroscience Research Australia (NeuRA). The mission of the PEDro Partnership is to maximize the effectiveness of physiotherapy services, facilitating the clinical application of the best available evidence.

PEDro is maintained in a non-profit system with financial support from industry partners, funding agencies and donations from organizations and individuals. You can support the invaluable contribution of PEDro to the high quality of care in physiotherapy worldwide by making a donation or getting in touch with us to discuss a partnership.

3. O que eu posso fazer para ajudar?

We are always looking for volunteers willing to help us find and evaluate clinical studies, systematic reviews and practice guidelines. If you think you can help us with these tasks, please get in touch. You can be a volunteer from anywhere in the world.

If you know of any study that should be indexed on PEDro, but isn't, please email us with the details of the study.

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